

## Preventive medications list

In addition to a healthy lifestyle, preventive medications can help people avoid many illnesses and conditions. A consumer-directed health (CDH) plan that includes preventive medications can help support the goal of ongoing good health.

This list provides examples of commonly prescribed preventive medications. The medications are categorized based on the medical conditions that they are used to prevent. This is not an all-inclusive list; only examples of medicines in each category are listed. Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

This list is periodically reviewed and updated to ensure that the drugs listed meet the criteria for inclusion.

**Medications on this list that are not covered under your plan are not eligible for the preventive medication program.**

# Preventive Medications List

## ASTHMA/COPD

*ACCOLATE*

ZAFIRLUKAST

*ANORO ELLIPTA*

*ASMANEX*

*COMBIVENT*

IPRATROPIUM/ALBUTEROL

*DULERA*

*GASTROCROM*

CROMOLYN SODIUM

*PROAIR HFA, VENTOLIN HFA*

*PULMICORT*

BUDESONIDE

*QVAR*

*SEREVENT DISKUS*

*SINGULAIR*

MONTELUKAST

*SPIRIVA*

*SYMBICORT*

*ZYFLO CR*

*RESPIRATORY SUPPLIES*

NEBULIZERS AND INHALER ASSISTIVE  
DEVICES

## BONE DISEASE AND FRACTURES

*ACTONEL*

RISEDRONATE

*BONIVA*

IBANDRONATE

*EVISTA*

RALOXIFENE

*FOSAMAX, FOSAMAX PLUS D*

ALENDRONATE

*RECLAST*

ZOLEDRONIC ACID

## CAVITIES

STANNOUS FLUORIDE PASTE AND  
RINSE

*CLINPRO, PHOS-FLUR*

SODIUM FLUORIDE PASTE AND RINSE

## COLONOSCOPY PREPARATION

*GOLYTELY, SUCLEAR, NULYTELY,  
MOVIPREP*

POLYETHYLENE GLYCOL

*OSMOPREP, SUPREP*

*PREPOPIK*

## HEART DISEASE AND STROKE

### BLOOD THINNER MEDICINES:

ASPIRIN, 81 MG, 162MG OR 325 MG

*AGGRENOX*

*BRILINTA*

*COUMADIN*

WARFARIN

*EFFIENT*

*ELIQUIS*

*PERSANTINE*

DYPYRIDAMOLE

*PLAVIX*

CLOPIDOGREL

*PRADAXA*

*TICLID*

TICLOPIDINE

*XARELTO*

*ZONTIVITY*

### CHOLESTEROL LOWERING MEDICINES

*HMG-COA REDUCTASE*

### INHIBITORS:

*CRESTOR*

*LIPITOR*

ATORVASTATIN

*MEVACOR*

LOVASTATIN

# Preventive Medications List

*PRAVACHOL*  
PRAVASTATIN

*ZOCOR*  
SIMVASTATIN

***OTHER AGENTS:***

---

*ADVICOR*

*COLESTID*  
COLESTIPOL

*LOPID*  
GEMFIBROZIL

*NIACOR, NIASPAN ER*  
NIACIN

*PREVALITE, QUESTRAN*  
CHOLESTYRAMINE

*SIMCOR*

*TRICOR, ANTARA*  
FENOFIBRATE

*TRILIPIX*  
FENOFIBRIC ACID

*WELCHOL*

*ZETIA*

***DIABETES***

---

INSULINS:

*HUMALOG, 50/50, 75/25*

*HUMULIN*

*LANTUS, LANTUS SOLOSTAR*

*LEVEMIR*

NON-INSULIN MEDICINES:

*ACTOS, DUETACT, ACTOPLUS MET*  
PIOGLITAZONE AND COMBINATIONS

*AMARYL*  
GLIMEPIRIDE

*AVANDIA*

*AVANDAMET, AVANDARYL*

*BYETTA*

*DIABETA, GLYNASE, GLUCOVANCE*  
GLYBURIDE AND COMBINATIONS

***DIABETIC SUPPLIES***

TEST STRIPS, SYRINGES, NEEDLES AND  
LANCETS

*FORTAMET, GLUCOPHAGE*  
METFORMIN

*GLUCOTROL*  
GLIPIZIDE AND COMBINATIONS

*INVOKANA*

*JANUVIA, JANUMET*

*ONGLYZA, KOMBIGLYZE XR*

*PRANDIN*  
REPAGLINIDE

*STARLIX*  
NATEGLINIDE

*SYMLIN*

***HIGH BLOOD PRESSURE***

---

***ACE INHIBITORS:***

---

*ACCUPRIL*  
QUINAPRIL

*LOTENSIN*  
BENAZEPRIL

*PRINIVIL, ZESTRIL*  
LISINAPRIL

*UNIVASC*  
MOEXIPRIL

*VASOTEC*  
ENALAPRIL

***ACE INHIBITORS/DIURETIC  
COMBINATIONS:***

---

*ACCURETIC*  
QUINAPRIL/HCTZ

*LOTENSIN HCT*  
BENAZEPRIL/HCTZ

*UNIRETIC*  
MOEXIPRIL/HCTZ

*VASERETIC*  
ENALAPRIL/HCTZ

*ZESTORETIC*  
LISINAPRIL/HCTZ

# Preventive Medications List

## *ANGIOTENSIN II RECEPTOR*

### *ANTAGONISTS:*

---

#### *ATACAND*

CANDESARTAN

#### *AVAPRO*

IRBESARTAN

#### *COZAAR*

LOSARTAN

#### *DIOVAN*

VALSARTAN

## *ANGIOTENSIN II RECEPTOR*

### *ANTAGONISTS/ DIURETIC*

### *COMBINATIONS:*

---

#### *ATACAND HCT*

CANDESARTAN/HCTZ

#### *AVALIDE*

IRBESARTAN/HCTZ

#### *DIOVAN HCT*

VALSARTAN/HCTZ

#### *HYZAAR*

LOSARTAN/HCTZ

### *BETA BLOCKERS:*

---

#### *BYSTOLIC*

#### *INDERAL LA, INNOPRAN XL*

PROPRANOLOL

#### *TENORMIN*

ATENOLOL

#### *TOPROL XL*

METOPROLOL

#### *ZEBETA*

BISOPROLOL

### *BETA BLOCKERS/DIURETIC*

### *COMBINATIONS:*

---

PROPRANOLOL/HCTZ

#### *CORZIDE*

NADOLOL/BENDROFLUMETHIAZIDE

## *LOPRESSOR HCT*

METOPROLOL/HCTZ

## *TENORETIC*

ATENOLOL/CHLORTHALIDONE

## *ZIAC*

BISOPROLOL/HCTZ

### *CALCIUM CHANNEL BLOCKERS:*

---

#### *ADALAT CC, PROCARDIA XL*

NIFEDIPINE

#### *CALAN, VERELAN*

VERAPAMIL

#### *CARDIZEM, CARDIZEM LA, TIAZAC*

DILTIAZEM

#### *NORVASC*

AMLODIPINE

#### *SULAR*

NISOLDIPINE

### *DIURETICS:*

---

CHLORTHALIDONE

HYDROCHLOROTHIAZIDE

INDAPAMIDE

#### *ZAROXOLYN*

METOLAZONE

## *OTHER HIGH BLOOD PRESSURE*

### *MEDICINE COMBINATIONS:*

---

#### *AZOR*

#### *CADUET*

AMLODIPINE/ATORVASTATIN

#### *EXFORGE*

#### *EXFORGE HCT*

#### *LOTREL*

AMLODIPINE/BENAZEPRIL

#### *TARKA*

#### *TRIBENZOR*

#### *TWYNSTA*

AMLODIPINE/TELMISARTAN

#### *VYTORIN*

# Preventive Medications List

## **RESPIRATORY SYNCYTIAL VIRUS**

---

*SYNAGIS*

## **MALARIA**

---

CHLOROQUINE

MEFLOQUINE

PRIMAQUINE

*MALARONE*

ATOVAQUONE/PROGUANIL

## **INFLUENZA**

---

AMANTADINE

*FLUMADINE*

RIMANTADINE

## **OBESITY**

---

DIETHYLPROPION

*ADIPEX-P*

PHENTERMINE

*BELVIQ*

*BONTRIL PDM*

PHENDIMETRAZINE

*QSYMIA*

*XENICAL*

## **SMOKING-CESSATION \***

---

*CHANTIX*

*NICOTROL/NICODERM CQ*

NICOTINE PRODUCTS

*ZYBAN*

BUPROPION SR 150MG

## **IMMUNIZATION: \***

---

DIPHTHERIA, PERTUSSIS, TETANUS,  
HAEMOPHILUS INFLUENZAE B,  
HEPATITIS A AND B, JE-VAX, TYPHIM,  
VARICELLA, ZOSTER, HUMAN  
PAPILLOMAVIRUS, INFLUENZA,  
MEASLES, MENINGOCOCCAL,  
MUMPS, PNEUMOCOCCAL,  
POLIOVIRUS, ROTAVIRUS, RUBELLA

## **VITAMINS OR MINERALS**

---

FOLIC ACID\*

PRESCRIPTION PRENATAL

VITAMINS

PEDIATRIC MULTIVITAMINS WITH

FLUORIDE\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your ID card or visit our website [Express-Scripts.com](http://Express-Scripts.com).**

Please note: Brand names are shown in italics in each category. If generic is available, it is listed under the brand name.

All rights in the product names of all third-party products appearing here, whether or not appearing with the trademark symbol, belong exclusively to their respective owners.

PDL5517D 1.15 OPTION 2



\*000000PDL5517D\*